

# Take the Eat Local Challenge!



*Please spread the word  
about our new group of locally  
focused food consumers.*

*Get a group of friends, co-workers,  
neighbors, or peers to all sign up for the  
Eat Local Challenge  
this August 2006.*

*You can support each other with potlucks, food swaps,  
and this website:*

**[www.eatlocalvt.org](http://www.eatlocalvt.org)**